FORT SAM HOUSTON

EVS Leade SEPTEMBER 27, 2013 VOL. 55, NO. 38

DOD Safe Helpline 877-995-5247 **JBSA Sexual Assault Hotline** 808-SARC (7272)
JBSA Domestic Abuse Hotline 367-1213 JBSA Duty Chaplain 221-9363

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



MCQUEEN CLOSES OUT LONG CAREER

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AMEDDC&S welcomes two top leaders

By Esther Garcia AMEDDC&S Public Affairs

Maj. Gen. Steve Jones assumed the duties of U.S. Army Medical Department Center and School commanding general from interim commander, Col. Randall Anderson, during a change of command ceremony Sept. 19 at the Medal of Honor Walk at

the Army Medical Department Museum.

The same day, Command Sgt. Maj. Gerald Ecker assumed the senior enlisted responsibilities from interim Command Sgt. Maj. Christopher Walls.

The dual ceremony was hosted by Maj. Gen. Brian Lein, Army deputy surgeon general and deputy commanding general for operations, U.S. Army Medical Command.

"We have no better leader in Army medicine than Maj. Gen. Steve Jones," Lein said. "He comes with an impeccable resume of command and leadership roles for the Army and Army Medicine.

"Col. Randy Anderson is step-

See AMEDDC&S, P19

News Leader

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JBSA fire departments remind residents to 'Prevent Kitchen Fires'

By Dana Pelletier

Assistant Fire Chief, Prevention Fort Sam Houston Fire Department

Fire Prevention Week is from Oct. 6 to 12 and the Joint Base San Antonio-Fort Sam Houston Fire Department is joining forces with the nonprofit National Fire Protection Association to remind local residents to "Prevent Kitchen Fires."

During this year's fire safety campaign, firefighters and fire prevention officers will be spreading the word about the dangers of kitchen fires – most of which result from unattended cooking – and teaching local residents how to prevent kitchen fires from starting in the first place.



According to the latest NFPA research, cooking is the leading cause of home fires.

Two of every five home fires begin in the kitchen – more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries.

"Often when we're called to a fire that

started in the kitchen, the residents tell us that they only left the kitchen for a few minutes," said JBSA-FSH fire inspector Scott Rath. "Sadly, that's all it takes for a dangerous fire to start. We hope that Fire Prevention Week will help us reach folks in the community before they suffer a damaging lesson."

Among the safety tips

that firefighters and safety advocates emphasize:

- Stay in the kitchen while frying, grilling, broiling or boiling food.
- If you must leave the room, even for a short period of time, turn off the stove.
- When simmering, baking, or roasting food, check it regularly, stay in the home and use a timer.

- If there are young children in the home, use the stove's back burners whenever possible. Keep children and pets at least three feet away from the
- When cooking, wear clothing with tight-fitting sleeves.
- Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels, and anything else that can burn, away from your stoyetop.
- Clean up food and grease from burners and stovetops.

Fire Prevention Week is actively supported by fire departments across the country and is the longest running public health and safety observance on record.

Air Force joins nation to turn energy awareness into action

By Jerry McCall

502nd Civil Engineer Squadron JBSA-Fort Sam Houston

This October, the Air Force joins the nation in observing Energy Action Month. This year's theme, "I am Air Force Energy," encourages people to do more than just be aware.

Instead, military members and civilians alike should take action.

"The Air Force is making excellent progress toward satisfying federal energy mandates," said Rick Stacey, chief of the Air Force Facility Energy Center, a division of the Air Force Civil Engineer Support Agency, Tyndall Air Force Base, Fla.

"The more prominent goals require us to reduce energy inten-

sity 30 percent by 2015, reduce water intensity 26 percent by 2020 and increase renewable energy to 25 percent of all electricity use by 2025," Stacey said. "These goals are getting tougher. People need to do all they can do to help the Air Force continue its energy program successes."

Since 2003, the Air Force has reduced energy use by nearly 15 percent and water consumption by 11 percent. More than six percent of all electricity is obtained from renewable sources.

The Air Force energy strategy for meeting these goals is to reduce demand, increase supply and change the culture.

"In fiscal year 2012, the Air Force saved more than \$1.5 billion through smarter buildings, new technologies, and more efficient flight operations," said Acting Secretary of the Air Force Eric Fanning.

"The smart use of energy means flying our aircraft farther, transporting more cargo, and accomplishing our mission in a more efficient and effective way."

The Air Force uses facility energy audits, utility meters, energy recommissioning, and a variety of other tools to pursue aggressive reduction targets.

For example, at Kirtland AFB, N.M., audits led to an upgraded energy management control system that is expected to save \$3.7 million over the lifetime of the system.

The Air Force leads the Department of Defense as the number one producer and user of renewable energy. More than six percent of our electric supply comes from on-base renewable energy projects including wind, solar, geothermal, and landfill gas.

In fiscal 2012, the Air Force spent \$9.2 billion on energy. The ability to change the Air Force culture and develop a new mindset when it comes to energy depends on its people.

"Every gallon of fuel and watt of electricity we save allows us to have more resources to meet other Air Force priorities," said Kathleen Ferguson, acting assistant secretary of the Air Force for Installations, Environment, and Logistics.

"Each individual can – and must – contribute," Stacey said. "No matter how small or how large the action, people will ultimately make the difference.

"Take a moment to turn off lights and appliances when not in use; make saving energy and water a habit every day; and encourage your family, friends, and coworkers to do their part as well."

Take "ACTION" during Energy Awareness Month. The ACTION acronym stands for: Appliance reduction; Computer log off; Temperature set points; Inform facility managers;

See ENERGY, P20



Joint Base San Antonio

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http://www.jbsa.af.mil http://www.samhouston.army.mil/pao

Know what to do in case of an active shooter incident

By Richard Coon

902nd Security Forces Squadron Joint Base San Antonio-Randolph

About 237 active shooter incidents occurred in the United States between 1966 and 2010. Closer to home, as many are aware, we successfully reacted, responded and recovered from an active shooter event that occured at Joint Base San Antonio-Fort Sam Houston June 10.



The recent active shooter incident at the Washington Navy Yard is a good reminder we need to be prepared to react if it happens at Joint Base San Antonio.

JBSA has established guidelines and procedures to help save lives and maintain order in the wake of these kinds of events.

An active shooter is any person who is engaged in killing or attempting to kill people in

a confined or populated area. In most cases, armed active shooters show no pattern or method in their selection of victims.

This is often an unpredictable, rapidly evolving situation that demands an immediate response from security forces in order to terminate the life-threatening situation.

The first patrolmen to arrive on scene must locate the shooter or shooters and take aggressive action to help protect lives. Rescue efforts will be delayed until the danger can be mitigated or eliminated.

Because active shooter situations often are ended within 10 to 15 minutes, before law enforcement arrives on the scene, individuals must be prepared, mentally and physically, to deal with an active shooter situation and follow directions.

JBSA will declare an immediate lockdown during an active shooter incident.

Giant Voice and other available forms of communication will be used to notify the base populace when an active shooter or similar threat is imminent and a lockdown is in effect.

Hearing this term from credible sources should solicit base

members to position themselves in a secured place, clear of direct fire, where they can observe all entrances and exits.

Those in lockdown should mitigate the location's vulnerabilities by locking doors and windows, and barricading access with anything available.

Turn off the lights and make the location appear unoccupied. Monitor communications - telephone, computer, radio.

If a phone is within the secured location, members should call security forces or 911. Callers will be asked to provide as much information as possible to include location, weapons involved and the number of shooters and their descriptions.

While in lockdown, members are urged not to move until authorities instruct otherwise.

For more information on active shooter response procedures, contact security forces or visit the 502nd Air Base Wing website at http://www.502abw. af.mil to download an informational trifold.

For immediate assistance at JBSA-Randolph, call Tech. Sgt. Taylor Rogal at 652-2744; at JBSA-Lackland, call Master Sgt. Jeremiah White at 671-2183: and at JBSA-Fort Sam Houston, call Officer Steve Kampman at 221-2354.

To download a copy of the Joint Base San Antonio Active Shooter Process, click on http://1.usa.gov/1h51S06.



JOINT BASE SAN ANTONIO ACTIVE SHOOTER PROCESS

IMMEDIATE DANGER (SEE)

If you find yourself in immediate danger during a shooting incident within your work center, ESCAPE/EVACUATE from the scene, HIDE or as a last resort, TAKE ACTION.

ESCAPE/EVACUATE: Plan your route, leave your stuff behind and exit with your hands visible. Security Forces personnel may mistake you for the shooter.

HIDE: If you HIDE, contact Security Forces as soon as possible and safe to do so.

TAKE ACTION: If you find yourself in IMMINENT DANGER, take action as a last resort. Attempt to incapacitate or act with physical aggression and throw items at the active shooter.

RISK OF DANGER (HEAR)

If you find yourself in risk of danger, such as you hear shooting, but are not being immediately

LOCKDOWN: Secure yourself and your location. Once secured, position yourself in a place clear of direct fire. You should be able to observe the "way in" and "way out" routes. This will include the process of facility lockdown and mitigating the room vulnerabilities. Mitigation will start with locking the doors and windows and barricading access with anything available. Turn off

the lights and make your location appear unoccupied. Monitor communications i.e. phone, computer, radio.

NOTIFY AUTHORITIES: Call Security Forces. If a phone is within your secure location, dial your local emergency number and provide as much information as possible. Law Enforcement officials will ask direct questions to include locations, number of shooters, weapons involved, and descriptions.

STAY PUT: Until the authorities instruct you to move or you have been released, DO NOT MOVE. Persons milling about increases confusion and the likelihood of injury.

BASE NOTIFICATION

Lockdown takes precedence over all other security related actions to include the administrative function of Force Protection Condition changes.

Once the hostile situation is resolved and lockdown is terminated, all other securityrelated actions should resume to include any Force Protection Condition changes. Only security forces move during lockdown.

EMERGENCY DIAL 911

Security Forces JBSA-Fort Sam Houston/Camp Bullis

221-2222 JBSA-Lackland 671-2018 JBSA-Randolph

652-5700

ACTIVE SHOOTER RESOLUTION

ALL CLEAR: Lockdown ends when installation command authority declares the incident over and the situation safe. This order may be transmitted through local command or notification systems.

SHOOTING INCIDENT THREAT AID

IMMEDIATE DANGER (see) Escape/Evacuate

- Move to nearest exit
- Help others
- Leave personal belongings

- Assess situation/location
- What can protect you (stop bullets)
- Look for way in/way out routes
- Leaders TAKE CHARGE
- Take action only as a last resort

RISK OF DANGER (hear)

Lockdown

- Lock and barricade doors; turn off lights
- Remain quiet and limit movement

- Your location (building/floor/room number)
- Number of shooters and location(s)
- Shooter description/weapon type

BASE NOTIFICATION

Lockdown

Account

- Be prepared to report status
- Account for all personnel

- Stay put until proper notification
- Cooperate with response forces
- Leaders TAKE CHARGE

INFORMATION

Provide to Security Forces:

- Your Location
- Number of shooters
- Shooter(s) location
- Description of the shooter
- Type of weapons involved
- Shooters direction of movement

WHEN HELP ARRIVES

Once Security Forces arrive:

- Remain calm and follow instructions
- Put down any items in your hands (i.e., bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask response forces for help or direction when evacuating

Did you know? One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at http://ice.disa.mil.



News Briefs

National Night Out

The annual National Night Out crime prevention event begins at 6 p.m. Tuesday. NNO is a nationwide crime prevention activity designed to heighten crime prevention awareness, strengthen neighborhood spirit and foster police-community relations. Lincoln Military Housing mayors and staff will sponsor events at each community center. Family housing residents are encouraged to engage in the festivities with base police, fire department personnel and LMH representatives. Call 270-7638 for more information.

Air Force Ambassadors

The search is on for the 2014 male and female Air Force Ambassadors. Application information will be sent to all Air Force units the week of Oct. 14.

Navy Birthday Ball 5K Run/Walk

A 5-kilometer run/walk to support the 238th Navy Birthday Ball is Saturday at Olmos Basin Park, 500 Devine Road, with registration at 6 a.m. and a start time of 7:30 a.m. Early entry fee is \$30 and \$35 the day of the event. The first 150 registered participants receive a T-shirt, sport bag and water bottle. Proceeds go to buy tickets for junior-level Sailors. For information, call 808-1445 or 808-6374. Click on http://www.sanantonionavyball.com to register online.

Lincoln Military Housing closures

The Lincoln Military Housing satellite offices at Watkins Terrace and Harris Heights will be closed from 8 a.m.-5 p.m. Monday. Residents needing assistance can call 270-7638. For maintenance assistance, call 225-5564. For emergencies, call 911.

Female Soccer Players Needed

All female Department of Defense ID card holders and family members are eligible to participate in the first Joint Base San Antonio adult women's soccer team, which will play in the Women's Soccer Association of San Antonio. Games will be played Sundays at the S.T.A.R. complex located off of Interstate 35. Cost is \$60 per season per player for active duty members and \$80 for non-active duty. Call (412) 721-1061 for more information.

Gold Star Mothers: Women who have given much

By Kimberly A. Rairdan Alamo Area American Gold Star Mothers

In grade school, everyone tried their best to earn a "Gold Star" for their hard work and good behavior.

It was a simple reward to show one and all you did your best. For many, this is all a "Gold Star" represents.

For others, the "Gold Star" holds a much deeper meaning.

You may have noticed a few different license plates here in Texas that bear a blue field on the left hand side and a gold star in the middle of this field. This license plate has "Gold Star Mother, Spouse, or Family" displayed on the bottom.

So, what is a Gold Star Mother? What does it symbolize? By definition, a Gold Star Mother is a mother whose child died while on active duty serving in the armed forces.

You also may have come across a woman or a man wearing a circular pin with a gold star on a purple background, either the Gold Star lapel pin, or a square gold pin with oak leaves and a gold star in the middle or the Next of Kin lapel pin.

The Gold Star lapel pin is awarded only to relatives of those killed in specific conflicts.

The Next of Kin lapel pin is awarded to relatives whose loved one died while on active duty or while assigned to an Army Reserve or Army National Guard unit in drill status.

Either of these pins is only worn by those

who are a "Gold Star Mother, Father, Spouse or Family" member.

Since the early days of our great nation, mothers have witnessed their sons and now also their daughters, march off to war.

They answered the call to duty to defend our nation and to offer aid to those who need help in their plight. Young men and women have bravely answered the call and, sadly, many have paid the ultimate sacrifice for their fellow countrymen.

During World War I, families displayed a service flag on their family home, which was a field of white with a red border.

In the middle of the white field, blue stars were placed to denote how many within the home was serving in the military.

When one of the family members died in the line of duty, a gold star was placed over the blue star, showing that that a military member had died.

American Gold Star Mothers, Inc., got their start after World War I, when many mothers were mourning their sons' deaths on the battlefields of Europe. Most remains were not returned to be buried on American soil.

Many mothers found comfort in visiting hospitalized veterans wounded from the war.

Grace Darling Seibold and 24 other women formed the group in 1928 so other mothers who lost their sons would come and find peace with their pain, while helping veterans as they recovered from injuries from the war.

Today, there are thousands of American Gold Star Mothers who, because of mutual love and sympathy, honor their sons and daughters through their works and volunteering.

They share their grief and their pride while channeling their time, efforts and gifts towards lessening the pain of others.

As our military leaders still answer the call to defend and to aid, our heroes in uniform dedicate their lives upholding the values and freedoms of being an American.

As a life is lost on the battle field, or a life is ended as a service member carries on his dedication anywhere in the world, a Gold Star

See GOLD STAR, P20

Army North deputy CG closes out four-decade career

By Master Sgt. Kimberly Green Army North Public Affairs

After a military career that spanned more than four decades of service to the nation, Army North's deputy commanding general for support proved that pursuing the road less traveled does have a happy ending.

Joint Base San
Antonio-Fort Sam Houston civilians, military
members and the local
community gathered
together to bid farewell
to Maj. Gen. Adolph McQueen Jr. during a Sept.
17 retirement and tattoo
ceremony in the historic
Ouadrangle.

"It's hard to put 41 years of service into

perspective, but it's easy to do when you talk about a guy like 'Mack' McQueen," said Lt. Gen. Perry Wiggins, commanding general for Army North (Fifth Army) and senior Army commander for Fort Sam Houston and Camp Bullis, during the ceremony.

Wiggins managed to draw plenty of laughs when he spoke of Mc-Queen's initial entry into the armed forces.

"I will tell you he didn't start off too good. First off, he started as a Marine – and then he let them put him in a military occupational specialty where they strapped an explosive

See MCQUEEN, P17



Photo by Staff Sgt. Corey Baltos

Maj. Gen. Adolph McQueen Jr. (left), deputy commanding general for support, U.S. Army North (Fifth Army), salutes the colors of the nation for the last time alongside Lt. Gen. Perry Wiggins, commanding general for Army North and senior Army commander for Fort Sam Houston and Camp Bullis, during his retirement ceremony Sept. 17 in the historic Quadrangle. McQueen enlisted in the U.S. Marine Corps in 1971 and was directly commissioned into the Michigan National Guard in 1982.

VISIT NEWS LEADER ONLINE: HTTP://WWW.JBSA.AF.MIL OR HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO

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the Joint Base San
Antonio website at
http://www.jbsa.af.mil

WATER CONSERVATION TIPS

- 1. Collect water used while rinsing produce and reuse to water houseplants.
- 2, Divide watering cycle into shorter periods to reduce runoff and allow for better absorption.
- 3. People are more likely to notice leaky facets indoors, but don't forget to check outdoor facets, pipes and hoses for leaks.
- 4. Periodically check pools for leaks if you have an automatic refilling device.
- 5. Only water the lawn when it is needed. You can tell this by simply walking across the lawn. If you leave footprints, it's time to water.

(Source: 502nd Civil Engineer Squadron)

Former ECMO patient grateful for lifesaving care

By Elaine Sanchez Brooke Army Medical Center Public Affairs

Nearly three decades ago, an ambulance carrying a critically ill newborn sped across town to Wilford Hall Medical Center in San Antonio.

Every second counted as the military doctors raced to save Jacquelyn Burke's life.

A neonatal team hooked her up to a heart-lung bypass machine, dubbed ECMO.

Jacquelyn's heart and lungs were failing, and the new technology was the only remaining hope to keep her alive long enough for her lungs to recover. As her parents stood by, the doctors and nurses worked for days in the hopes she'd pull through.

Burke not only sur-

vived, she thrived.

Now 27 years later, she's come forward to share her story – and gratitude – for those who saved her life back in April 1986.

"I proudly wear the scars on my neck and chest with honor," she wrote in a recent email. "Without them, I would not be here raising my son. I am very blessed and grateful."

ECMO, which stands for extracorporeal membrane oxygenation, is a heart-lung bypass system that circulates blood through an external artificial lung, oxygenates it, then delivers it back into the bloodstream.

It does the job of the patient's heart and lungs and gives them time to respond to treatments and heal, explained Air Force Lt. Col. (Dr.)

Daniel Dirnberger, chief of neonatal medicine at San Antonio Military Medical Center.

It's a proven lifesaver for infants with critical issues such as certain congenital defects, pulmonary hypertension or, as in the case of Burke, meconium aspiration, which is when a baby inhales fetal meconium (stool) either before or during birth.

"With ECMO, we are adding a layer of care and allowing babies more time to recover," Dirnberger said. "In many cases, we're turning less than a 20 percent chance of survival into 80 percent."

The timing of Burke's treatment was fortunate. The hospital had stood up its neonatal ECMO program just one year prior, becoming the 12th

of its kind in the country.

"It was new technology at that time," Dirnberger noted.

Wilford Hall Medical Center stood up the first ECMO center in Texas in 1985, and it was the only one in San Antonio when Burke was born. Burke, he added, was just the 10th neonatal ECMO patient at WHMC.

In 2011, the program moved to SAMMC as part of the Base Realignment and Closure directive. It remains the sole neonatal ECMO program in the Department of Defense.

Over the years, more neonatal ECMO centers have been established, but the program here remains one of a few ECMO transport centers in the world.

The SAMMC team has picked up and transported infants needing ECMO from around the United States and as far as Spain and Japan.

The long-range transports are "tremendous endeavors," Dirnberger said, in some cases requiring two shifts of personnel and 2,000 pounds of equipment.

Dirnberger recalled the military's longestrange ECMO transport out of WHMC in 2000. It was his first day as a staff neonatologist in Okinawa when a baby was born with meconium aspiration.

The baby's health spiraled down, so they requested an ECMO team for transport. The team arrived 36 hours later, placed her on ECMO and flew her back to San Antonio, where she was successfully treated.

That was the first of six ECMO transports out



Courtesy photo

Jacquelyn Burke (right), a former patient, poses with her 7-year-old son, Charles. Burke recently expressed her gratitude for the lifesaving treatment she received nearly 30 years ago at what is now Wilford Hall Ambulatory Surgical Center, Joint Base San Antonio-Lackland.

of Okinawa, Dirnberger said, noting that Wilford Hall and SAMMC have executed a total of 81 neonatal and pediatric global ECMO transports since 1985.

"Some of our most memorable ECMO babies were ECMO transports," he said.

As he spoke, Dirnberger pointed to a framed article about the baby from Okinawa hanging in the NICU hallway, which is lined with dozens of plaques and baby pictures.

Each of these plaques, donated by grateful parents, tells a story about a baby who was treated at Wilford Hall or SAMMC. Some are adorned with pictures and others with simple words of gratitude.

"Thank you for saving our son's life," one plaque reads. "It's amazing how one miracle can touch so many lives."

While these plaques are greatly appreciated, the doctor said, just knowing he had a hand in a baby's recovery is the only thanks he needs.

"This is why I went into neonatal medicine," he said. "To be involved with any lifesaving procedure ... it's tremendously gratifying."

Burke, who lives in San Antonio with her 7-year-old son, Charles, said her aunt reminded her about her ECMO treatment at a recent lunch. Burke felt compelled to thank the doctors and nurses who saved her life 27 years ago.

"I wouldn't be here if it weren't for them," she said. "I will always be grateful for what they did."



Photo by Robert T. Shields

The walls of San Antonio Military Medical Center's Neonatal Intensive Care Unit are lined with plaques and photos of babies who were treated at SAMMC and what was now Wilford Hall Ambulatory Surgical Center at JBSA-Lackland. All are gifts from grateful families.

Monthly Events

October

Arts & Crafts

Artists submit artwork for Air Force Gallery

JBSA-Lackland Arts and Crafts calls artists to submit their best photographs, digital art or photos of hand-crafted art for display in the Air Force Arts and Crafts Gallery beginning Oct. 1. Visit the Arts and Crafts Center for entry forms and complete rules. For more information, call 671-2515.

Patrons learn guitar at Arts and Crafts Center

JBSA-Lackland Arts and Crafts Center offers guitar lessons to children and adults Wednesdays, 3-5 p.m. Sessions are \$15 per hour and eater to student skill level. For more information, call 671-2515.

Bowling

Bowling special for holiday weekend

JBSA-Randolph Bowling Center celebrates Columbus Day with a special rate of \$2 per game, per person (excluding Thunder Alley) and \$2,35 shoe rental. This special price is good for the entire weekend, Oct. 11-14, during regular business hours. For more information, call 652-6271.

Bowlers compete in tournament

Six games of competition will be bowled at each JBSA Bowling Center to celebrate Columbus Day. The first six games of competition are at JBSA-Fort Sam, Oct. 12, 9 a.m., then six games of competition at JBSA-Lackland, Oct. 12, 1 p.m., and six more games of competition at JBSA-Randolph, Oct. 13, 9 a.m. \$19.95 for nonmembers. For more information, call 645-7034. The top five bowlers will bowl in a head-to-head competition to determine the champion. The winner will be crowned the JBSA Military Championship winner. This will be a handicap tournament. The fee for this tournament is \$50. Entry forms are available at all JBSA Bowling Centers. For more information, call 652-6271.

Bowling center lit up for "booling"

JBSA-Lackland Skylark Bowling Center hosts Halloween Booling for adults and children Oct. 24, 8-10 p.m. Enjoy glow-inthe-dark bowling, a costume contest and goodies accompanied by a disc jockey playing music. For more information, call 671-1234.

Primo's Lounge hosts Halloween costume contest

JBSA-Lackland Skylark Bowling Center hosts a Halloween costume contest in Primo's Lounge Oct. 25, 8 p.m. The contest for best and worst costumes will be accompanied by a disc jockey playing music. The winners will receive prizes. For more information, call 671-1234.

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals all day Tuesday, Wednesday, Thursday and Friday, Knock down a red pin 11 a.m.-1 p.m. Wednesday and Friday and get a free game. For more information, call 221-4740.

There's a league for everyone

Ladies only, senior citizens, Christian fellowship, youth and mixed three-, four- and five-person team leagues are to be found at the JBSA-Fort Sam Houston Bowling Center. Leagues play at various times Tuesday through Saturday. For more information, call 221-4740.

Clubs

Kendrick Club offers lunch buffets

The JBSA-Randolph Kendrick Club offers a buffet lunch Monday-Friday, 11 a.m. to 1 p.m. The buffet costs only \$7.45 for club members or \$9.45 for nonmembers. The cost for members' children, 5-12 years old, is \$3.75 and \$5.75 for nonmembers' children. Kids under 5 are free. During October staff sergeants and below can purchase the buffet for \$5.99. For more information, call 652-3056.

Patrons enjoy prime rib buffet

JBSA-Lackland Gateway Clubs entices patrons with a prime rib buffet Oct. 4, 5-8 p.m. Entrees of prime rib, stuffed pork chops, and baked tilapia are among the menu along with side dishes, soup, salad and dessert. The price is \$17.95 per person for members and

Patrons sing their hearts out

Patrons can sing their hearts out at JBSA-Lackland Gateway Club's Lonestar Lounge during Karaoke Night Oct. 5 and 19, 5 p.m.-midnight. Disc jockey Dee Dee emcees and features a wide selection of songs. For more information, call 645-7034.

Football Frenzy fun continues in October

JBSA-Lackland Gateway Club hosts Football Frenzy in the Lonestar Lounge Oct. 7, 21 and 28 at 4 p.m. Members and nonmembers can enjoy football, food, beverage specials, games and door prizes. The party is over when the game is over. Club members have the opportunity to win grand prizes such as a trip to the Super Bowl. For more information, call 645-7034.

JBSA-Randolph's Kendrick Club hosts Football Frenzy Sundays, Mondays and Thursdays and have the NFL Network and NFL Channel. There will be food specials, prize drawings and discounted beverages. Customers just need to enjoy their football viewing at the Kendrick Club and fill out an entry form to win tickets to a regular season game or to the Super Bowl. For more information, call 652-3056.

Gateway Club hosts pre-Halloween party

JBSA-Lackland Gateway Club hosts its annual Pre-Halloween Party in the Lonestar Lounge Oct. 25, 5 p.m.-2 a.m. Enjoy a live performance by Isis Rosario, The Voice, 6:30-9:30 p.m. Doggin' Dave Productions plays music in the Lonestar Lounge 5-6 p.m. and 9:30 p.m.-2 a.m. Stevie Mac Dance Machine plays music in the Maverick Lounge 6:30-9:30 p.m. Dress in costume and enter contests with awards given to the best costume and other categories. For more information, call 645-7034.

Kids' dress up for Halloween bingo

The JBSA-Randolph Kendrick Club invites kids to dress up in their Halloween costumes and play bingo Oct. 27, 11 a.m. This event is free for kids 12 and younger and is open to all DOD ID cardholders. Five games of bingo will be played. There is a complimentary kids' buffet and the adults can enjoy the Gil's Pub grill menu. Kids will have a chance at winning the grand prize \$100 shopping spree at AAFES. The Halloween costume contest will be judged in three categories; most original, cutest and scariest. They still need three judges. To volunteer or for more information, call 652-3056.

Feast at the club

The JBSA-Lackland Gateway Club hosts a Halloween feast Oct. 31, 11 a.m.-3 p.m. The Haunting lunch buffet features dishes such as Baron R. Beef, spider web pasta, Rosemary's Baby Chicken and more for \$9.95 per person. For more information, call 645-7034.

Patrons celebrate birthday with buffet

The JBSA-Randolph Parr Club celebrates birthdays in the Clark Room Oct. 31, 5-8 p.m., with an all-you-can-eat buffet. Club members celebrating their birthday any day of the month will receive a complimentary buffet. The buffet includes soup and salad bar along with two entrees, two sides, two vegetables and a birthday cake for dessert along with soft serve ice cream. Please be prepared to show your club card along with a DOD ID card. For more information, call 652-4864.

Play bar bingo at Gateway Club

JBSA-Lackland's Gateway Club hosts bar bingo Wednesday, 5-7 p.m., in the Mesquite Dining Room. For more information, call 645-7034.

Patrons enjoy Champagne brunch

Sunday brunch takes place at the JBSA-Randolph Parr Club every Sunday, 10 a.m.-1 p.m. It includes a carving station, oysters, mussels, salmon, Champagne and more. The cost is \$20.75 for club members or \$22.75 for nonmembers. For more information, call

JBSAFSS

Community Programs

Dogs take a dip

Dogs of all shapes and sizes are invited to jump in and cool off at the JBSA-Fort Sam Houston Aquatic Center during the annual Doggie Dip Oct. 5, 10 a.m.-noon. Get ready for a splashing good time with complementary snacks for people and K-9's, giveaways and contests. For more information, call 221-1718.

"You Know the Old Slaying" performance takes the stage

JBSA-Lackland Arnold Hall Community Center and the Lackland Performing Arts Group present the comedic murder mystery "You Know the Old Slaying" Oct. 11, 12, 18 and 19. Doors open at 6 p.m. and curtain is at 7 p.m. Light hors d'oeuvres are included with admission. A cash bar and reserved seating is available on show dates. For more information, call 671-2619.

Families enjoy free movie

Come out for a free movie night at JBSA-Fort Sam Houston Military and Family Readiness Center Oct. 25, 7 p.m. Customers can also enjoy free popcorn, cotton candy and snow cones as they watch the movie. For more information, call 221-1718.

Arnold Hall transforms into House of Horrors

Patrons are invited to dress in costume and visit the JBSA-Lackland Arnold Hall Community Center's House of Horrors Oct. 25 and 26, 7-10 p.m. Dare to experience the corridors of this haunted house which is open to patrons age 10 and older. The cost is only \$5 per person. For more information, call 671-2619.



Harlequin Dinner Theatre presents "Bad Seed"

Colonel and Christine Penmark live with their daughter Rhoda in a small Southern town. On the surface, little Rhoda Penmark is loved by her parents, admired by all her elders, sweet, charming and full of old-fashioned grace. Rhoda's mother has an uneasy feeling when one of Rhoda's schoolmates is mysteriously drowned at a picnic. Mrs. Penmark is alarmed, the boy who drowned was the one who had won the Penmanship Medal which Rhoda felt she deserved. "Bad Seed" runs through Nov. 2, Thursdays, Fridays, and Saturdays. Dinner is at 6:15 p.m. and the show starts at 8 p.m. For more information, call 222-9694.

Fitness and Sports

Warhawk hosts Air Force basketball camp

JBSA-Lackland Warhawk Fitness Center hosts the Air Force Men's Basketball Camp Oct. 12-29. For more information, call 671-2016.

Patrons run three-mile relay

The JBSA-Randolph Fitness Center conducts a three-mile wing man relay at Eberle Park Oct. 17, 7:30 a.m. The first team member must complete the 1.5-mile run route in order for the second team member to start running the next 1.5-mile. This is sponsored by Randolph Family Housing. For more information, call 652-7263.

Patrons compete in bench press contest

How much can you bench press? Want to show the world your strength? Head to JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus Oct. 20, 1-3 p.m., for its first bench press competition. Details, including rules, can be picked up at the fitness center. This event is free and open to all DOD ID card holders. For more information, call 808-5709.

Fitness center celebrates Oktoberfest

The JBSA-Randolph Fitness Center celebrates fall by getting a jump start on holiday calories with a fitness celebration, Oct. 26, 7:30 a.m., at Eberle Park. This is one event that everyone can participate in, including the young ones. There will be a 5K run/walk, a 1.5 mile run/walk for young athletes and their parents and a 10K bike ride starting after the 5K is completed. For more information, call 652-7263.

Zombies run/walk a 5K

JBSA-Lackland Gillum Fitness Center hosts the Zombie 5K Fun Run/Walk Oct. 31, 7:30 a.m. Participants are invited to dress like zombies for this event. For more information, call 977-2354.

Fitness center hosts costume dodgeball tourney

JBSA-Lackland Medina Fitness Center hosts the 3rd Annual Costume Dodgeball Tournament Oct, 31, 6 p.m. Dodge balls while wearing costumes in this coed event open to players ages 16 and older. Teams must have 6-10 players with at least one player of each gender. Tournament begins with a round robin followed by a single-elimination tournament. For more information, call 671-4525.

Students sign up for basketball league

This basketball league is open to all students on the Medical Education Training Campus. Letters of Intent are due to the fitness center at the METC by Nov. 5. Each letter must be signed by the Sports Advisory Representative. Units may have more than one team. No roster is required. Cadre must be present at all games. Coaches/rules meeting will be held at JBSA-Fort Sam Houston Fitness Center on the METC Nov. 12 at noon. For more information, call 808-5707.

Patrons Zumba® during lunch

Squeeze in a workout during your lunch break. The Jimmy Brought Fitness Center on JBSA-Fort Sam Houston is offering a lunch time Zumba® class, 11:30 a.m.-12:30 p.m., for only \$3! For more information, call 221-1234.

Parents and toddlers enjoy exercise

The JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus offers parents with strollers use of the indoor track, Monday-Friday, 9-11 a.m. For more information, call 808-5709.

Patrons experience virtual fitness classes

JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus offers Fitness on Request, an innovative fitness system providing virtual, state-of-the-art classes to patrons throughout the day. Classes range from 20 to 60 minutes and include step aerobics, yoga fusion, kinetics, dance aerobics, indoor cycling and more. For more information, call 808-5709.

Golf

Golfers' invited to scramble

Golfers are invited to play in the Warrior Four-Person Scramble Oct. 4, with a 12:30 p.m. shotgun start time, at the JBSA-Fort Sam Houston Golf Course. The cost is \$25 for members and \$35 for nonmembers. The scramble includes 18 holes of golf, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Golfers compete in Columbus Day tournament

Golfers are invited to sign up for the JBSA-Randolph Oaks Columbus Day tournament Oct. 14. The tee times are 7-9 a.m. The entry fee is \$10 per person plus green fees and cart. For more information, call 652-4653.

Golfers compete in golf classic

The JBSA-Randolph Golf Course hosts the Force Support Squadron Golf Classic Oct. 25 with a 12:30 p.m. shotgun start. The cost is \$40 per person and includes green fee, cart, range balls, four mulligans per team, and hamburgers and hot dogs during lunch. Prizes will be awarded to the first-, second- and third-place teams at the completion of the tournament. There will be drawings for over \$2,000 in door prizes such as golf umbrellas, Ping, Nike and Wilson drivers, putters, hybrids and much more. This event is sponsored by Randolph-Brooks Federal Credit Union and Budweiser. For more information or to sign-up, call 652-4653.



Golfers improve swing

The JBSA-Randolph Oaks Golf Course offers golfers the opportunity to improve their game and lower their scores. Golfers can make appointments with Brian Cannon or Charles Bishop (PGA) for golf lessons. For more information, call 652-4653.

Tee Time Deck in full swing

The JBSA-Randolph Oaks Golf Course offers special event packages for retirements, promotion, weddings and sports outings. To book a special event, call Corita at 652-4852.

Information, Tickets and Travel

Information, Tickets and Travel hosts vacation expo

JBSA-Lackland Information, Tickets and Travel hosts its annual Vacation Expo at Arnold Hall Community Center, Job fair open to all DOD personnel Oct. 4, 10 a.m.-1 p.m. Visit with travel industry representatives, enjoy complimentary food while it lasts, and enter to win door prizes drawn every hour. For more information, call 671-3133.

Sights set for Las Vegas

JBSA-Lackland Information Tickets and Travel offers a Las Learn to be financially prepared Vegas package for travel Oct. 30-Nov. 2. Package includes airfare, hotel and airport transfers with rates starting at \$325 per person. For more information, call 671-7112.

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office in the Sam Houston Community Center sells discount tickets and often has free tickets to local events. The ticket office is open Tuesday-Friday, 10 a.m.-5 p.m. For more information, call 808-1378.

Library

Story time is a hit with preschoolers

Stories, crafts and songs are all part of the weekly story time at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library. every Thursday at 10 a.m. This month's story time dates are Oct. 3, 10, 17, 24 and 31. For more information, call 221-4702.

Gamers have fun

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library hosts its monthly gaming day Oct. 11, 5 p.m. Gamers can choose from Xbox, Wii, PS3 and classic board games. For more information, call 221-4702.

Library offers teen activities

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library is supporting the annual Teen Read week Oct. 13-19. Teens can visit the library for teen and youth activities during the entire week. For more information, call 221-4702.

Library hosts Oktoberfest

The JBSA-Randolph Library hosts an Oktoberfest celebration Oct. 24, 3:30-5 p.m. There will be games, activities, coloring, crafts and a movie for the kids. For more information, call 652-5578/2617.

Library gets spooky during pre-Halloween event

The JBSA-Lackland Library hosts the Spooktacular Bash Oct. 26, 2-4 p.m. Enjoy hauntingly good stories and games, a costume contest for adults and children, plus goodies. Learn about Halloween safety from the Kirby Police Department, For more information, call 671-3610.

Library offers Halloween story time

There will be a special story time for kids Oct. 26, 2-3 p.m., at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library. For this special "Halloween" themed story time, children are invited to come in costume. For more information, call 221-4702.

Military and Family Readiness

The JBSA-Fort Sam Houston Military and Family Readiness Center is conducting a job fair, Oct. 3, 2-6 p.m. This job fair is open to all DOD ID card holders. For more information, call 221-0516/0427/9216.

The JBSA-Randolph Military and Family Readiness Center offers a financial readiness class Oct. 7 and 28, 8 a.m.-noon, to prepare Airmen for financial challenges, with financial education and training. For more information, call 652-5321.

Newcomers get started on the right foot

The JBSA-Lackland Military and Family Readiness Center hosts a Right Start newcomer's orientation Oct. 9 and 23, 8 a.m.-2:30 p.m., at the Gateway Club. The orientation is for all Air Force active-duty members who are newly assigned to JBSA-Lackland. Attendance is mandatory and patrons may choose to attend either date. To sign up, contact the unit personnel coordinator or commander support element. For more information, call 671-3722

Class teaches spouses re-integration skills

The JBSA-Randolph Military and Family Readiness Center hosts Open Arms, a workshop for spouses of returning military members, Oct. 16, 1-2 p.m. The class offers solutions to the various challenges specific to reuniting couples and families, and provides resiliency skills and resources. To register, call 652-5321.

Child safety seats to be inspected

The JBSA-Fort Sam Houston Fire Department will inspect children's safety seats Oct. 17, 1:30-3:30 p.m., for recalls, functionality and proper installation. Registration is required. Children must be present for proper weight and height measurements. For more information, call 221-0349/2418.

Exceptional Family Member Program supports families

The Exceptional Family Member Program Support Group will meet Oct. 17, 11:30 a.m.-12:30 p.m., at the JBSA-Fort Sam Houston Military and Family Readiness Center. Share common experiences unique to special needs and ideas for future events. For more information, call 221-2962.



Couples reignite passion

The JBSA-Randolph Military and Family Readiness Center teaches participants how to identify issues that create barriers in a relationship. This class introduces practices to reignite intimacy and passion Oct. 18, 3-4 p.m. For more information, call 652-532.

Military and Family Readiness Center hosts hiring fair

The U.S. Chamber of Commerce Foundation and Hiring Our Heroes presents the Military Spouse Employment Program Hiring Fair and Career Forum Oct. 24, 10 a.m.-1 p.m., at the JBSA-Fort Sam Houston Military and Family Readiness Center. This one-of-akind, free event is specifically designed for spouses of active-duty, guard, reserve and veterans but members are also welcome. For more information, call (571) 372-2123.

Members learn car-buying tips

The JBSA-Lackland Military and Family Readiness Center holds a car-buying class Oct. 30, 10 a.m.-noon. Topics include the dangers of pay day lenders, how to purchase a car at the best price and what is available from financial institutions. For more information, call 671-3722.

Patrons learn to navigate USAJOBS system

The JBSA-Randolph Military and Family Readiness Center teaches patrons how to input a resume using the USAJOBS system Oct. 31, 8:30-11 a.m. To sign up, call 652-3633.

HIRED! apprenticeship program for teens

Teens ages 15-18 now have the opportunity to apply for the 2014 winter term apprenticeship program which takes place Jan. 13-April 5. If selected for this apprenticeship program the teen will work with the 502nd Force Support Squadron facilities and activities on JBSA-Fort Sam Houston, Registration forms are available at Parent Central and the Middle School Teen Center. Apprenticeship application deadline is Dec. 9. For more information, call 221-3386.

Patrons prepare for future employment

JBSA-Fort Sam Houston Employment Readiness offers classes at Military and Family Readiness Center, designed to help patrons acquire employment. Employment Readiness focuses on opportunities in the San Antonio community. General resumewriting and Federal resume-writing classes both focus on proper styles. Multiple classes are available throughout October. For more information, call 221-0516.

Family Child Care offers non-traditional alternative

Family Child Care offers a non-traditional alternative for child care, perfect for families who want their child in a home-like environment. In addition to full- and part-time care, some providers offer drop-in services, weekend and evening/night time care as well as shift-work and special-needs care. For more information, call 221-3828.

Financial Readiness important for everyone

JBSA-Fort Sam Houston Military and Family Readiness offers service members and their families classes to help them face uncertain financial times. Available classes include: Credit and Debt Management, Budgeting, Saving and Investing, Consumer Awareness and more. Registration is required for all classes. For information on dates and times or to register, call 221-2380/2418.

Army Emergency Relief relocates

The Army Emergency Relief on JBSA-Fort Sam Houston has at 671-1052 by Oct. 16. relocated to building 131 Stanley Rd., adjacent to the Wilson Gate. For more information, call 221-1612.

Outdoor Recreation

Wide variety of equipment for rent

The JBSA-Fort Sam Houston Outdoor Recreation Center has equipment rentals for everyone's needs. Camping, trailer and towing, water fun, sports and biking, barbecue and party, and equipment for around the house and garden; OEC has it all. For more information, call 221-5224/5225.

Camp Bullis Archery Range now open

The Camp Bullis Archery Range is open Thursday-Monday, 8 a.m.-4 p.m. They have targets which range from 10-60 yards and the cost is \$3 for a daily pass or \$20 for an annual pass. For more information, call 295-7577.

Archery hunting season open at Camp Bullis

Big game archery (white-tail deer) and turkey hunting is open at Camp Bullis until Jan. 5. All DOD ID cards holders are welcome to participate. For more information, call 295-7577.

Youth Programs

Youth register for sports programs

JBSA-Lackland Youth Sports Program conducts its winter basketball league registration Oct. 1-18. Children ages 5-12 learn basketball fundamentals and skills. Registration fee is \$45. A current copy of the participant's sports physical is due at registration. Registration after Oct. 18 is subject to a \$15 late fee. For more information, call 671-2388.

JBSA-Randolph Youth Programs conducts registration for the basketball and cheerleading programs Oct. 1-31. These programs are for boys and girls, ages 5-18 years old, and the registration fee is \$45. All players must have a current physical on file by the start of the season. Coaches are also needed for the season. The season runs December-March. For more information, contact the sports director at 652-3298.

Membership free week open to youth

Check out Back-to-Clubs with JBSA-Randolph Youth Programs Oct. 7-12. There is no membership needed to participate in clubs, activities or open recreation during this week (doesn't include instructional classes, league sports and school-age programs). For those interested in joining, membership is \$36 per year. For more information, call 652-3298.

Youth Programs celebrates National Lights After School

Join the JBSA-Randolph Youth Programs staff Oct. 18, 3-5 p.m., to learn about its numerous after-school programs. Ice cream sundaes will be available during this time. For more information, call 652-3298.

JBSA gives parents a break

The JBSA-Lackland Youth Programs and JBSA-Lackland Child Development Program offer Give Parents a Break/Parents' Night Out Oct. 18, 7-11 p.m. The fee is \$15 per child. Fees may be waived with a GPAB referral. Space is limited. To sign up, call the JBSA-

Lackland Youth Programs at 671-2388 or the JBSA-Lackland CDP

Preteen Lock-In generates excitement

Pre-teens learn science, engineering and technology during the JBSA-Lackland Youth Programs' lock-in Oct. 18-19, 8 p.m.-7 a.m. This overnight event costs \$25 and includes snacks, games, entertainment and fun. For more information, call 671-2388.

Bring your friends to JBSA-Randolph Youth Programs Oct. 18 for a night of fun activities to include cooking projects, a fashion show, karaoke and much more. The lock-in takes place from 9 p.m. to 7 a.m. and is for youth ages 9-12. The cost is \$20. Sign up no later than Oct. 16. For more information, call 652-3298.

Parents register for Thanksgiving camp

Families who need care for their children during the Thanksgiving school break can register at JBSA-Randolph Youth Programs Oct. 28-Nov. 8 or until full. The Thanksgiving Camp takes place Nov. 25-27. For more information, call 652-3298.

Child Development Program has new hours

The new hours for the JBSA-Fort Sam Houston Child Development Program are 5:30 a.m.-5:30 p.m. For more information, call 221-5002/4058.

Splash Pad open limited hours

The Splash Pad is open daily to everyone from 9 a.m. until dark. For more information or reservations, call 221-3502.

Free online tutoring available

Homework help is just a click away. Tutor.com offers free accounts for active-duty service members and their families. Get 24/7 online help in more than 16 core subjects, including advanced placement classes and introductory college courses.

Child, Youth and School Services offer activities

Parents can enroll children in fun, exciting and safe activities by visiting www.FortSamMWR.com/youth.html for JBSA-Fort Sam Houston Youth Programs. The site has contact phone numbers, and a link to WebTrac, which provides lists of all activities and offers parents the option to pay online.



Military medicine plays key role in national disaster exercise

By Maria Gallegos and Elaine Sanchez BAMC Public Affairs

Tornadoes ripped across Oklahoma earlier this week, sending nearly 400 patients with a number of trauma injuries to San Antonio for medical care. Fortunately, these injuries were simulated, and the patients were volunteers participating in the San Antonio Mass Casualty Exercise Event, coordinated by the Southwest Texas Regional Advisory Council.

The SAMCEE is a regional disaster scenario designed to test the ability of area hospitals to respond to a mass casualty event and to see how efficiently patients can be transported, treated and tracked via the National Disaster Medical System.

"Emergency departments are always prepared to deal with the most critical patients every single day, but they may not be prepared to deal with (as many as) three dozen patients all at once," said Eric Epley, executive director of STRAC.

The exercise brought Army, Air Force and a host of city, state and federal agencies together to orchestrate the movement of casualties into San Antonio, then out to local hospitals.

Participants included Brooke Army Medical Center, 59th Medical Wing, 502nd Air Base Wing, 433rd Airlift Wing, Texas State Guard, STRAC, nearly 30 Bexar County hospitals, San Antonio Fire Department and Emergency Medical Services.

"The exercise postures all of us to be prepared and ready to support a patient reception area for our neighboring states within the FEMA Region 6 area," explained Lt. Col. Chuck Williams, coordinator of the Federal Coordinating Center San Antonio.

BAMC plays a key role in this support, Williams noted. The Department of Defense has established the BAMC hospital commander as the DOD lead for the city's federal coordinating center.

"Our responsibility is to make sure we're working with community, state and federal agencies to help prepare and fulfill our mission," he said.

The San Antonio Shrine Auditorium served as the simulated disaster site and Hangar 1610 on the JBSA-Lackland flightline served as the main hub for patient processing and transportation to area hospitals, according to injury and bed availability.

Of the nearly 400 patients, 36 were sent to San Antonio Military Medical Center, where they were triaged and treated.

Meanwhile, BAMC leaders gathered in the Emergency Operations Center to monitor the situation and to ensure effective communications

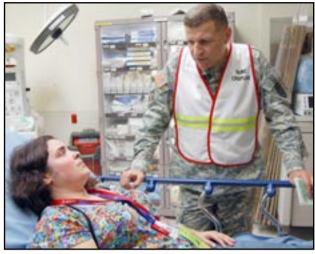


Photo by Robert Shields

Chaplain (Capt.) Robert Ginsburg (right) consoles a "patient" in the Emergency Department at San Antonio Military Medical Center Sept. 19. As a participant in a San Antonio-wide disaster exercise, Brooke Army Medical Center treated 36 "patients" and assisted at a patient reception area at the JBSA-Lackland flightline.

with other key military and civilian personnel.

"There was a great deal of effort, communication and overall engagement by the entire facility, and we're very confident we would be able to respond to an actual emergency," said Col. (Dr.) Evan Renz, BAMC's incident commander and deputy for acute care. "The staff and personnel who volunteered to assist today were overwhelming, and the exercise went faster and more smoothly

than we even expected."

Williams also deemed the exercise a success.

"Regardless of uniforms and agency, we all worked together as a team," he said. "We were successful because everyone pulled together to form one unified group working to ensure the best care for our patients."



Photo by Staff Sgt. Jerilyn Quintanilla

Exercise participants prepare to offload "patients" from a C-130 aircraft on the JBSA-Lackland flightline.



Photo by Robert Shields

A "patient" is wheeled into the Emergency Department at San Antonio Military Medical Center Sept. 19.



Photo by Staff Sgt. Jerilyn Quintanilla

Medics place a "patient" on an ambulance on the JBSA-Lackland flightline during the San Antonio Mass Casualty Exercise Event.

MCQUEEN from P6

A container on his back – and it spit fire," joked Wiggins.

McQueen enlisted in the U.S. Marine Corps in 1971 as a flamethrower operator. After fulfilling his two-year, active-duty commitment with the Marines, he returned to his hometown of Detroit to work and go to college at Wayne State University, where he graduated in 1975 with a degree in criminal justice. He later received a direct commission to the Army Reserve in 1982.

During the ceremony, McQueen reflected on his military career. He described his voyage from the Motor City to Military City USA.

"It's been 41 years and about six months since I began the journey to this podium, not knowing when it would end," McQueen said. "It's been a long journey and it's been a good journey."

Wiggins noted Mc-Queen's commitment to service, duty and country.

"Mack, you can take great pride in that even



Photo by Staff Sgt. Corey Baltos

Lt. Gen. Perry Wiggins (right), commanding general for U.S. Army North (Fifth Army) and senior Army commander for Fort Sam Houston and Camp Bullis, along with his wife, Annette, and Dr. Roslyn McQueen (left), McQueen's wife, join those gathered in a standing ovation Sept. 17 in the Quadrangle in honor of Maj. Gen. Adolph McQueen Jr., deputy commanding general for support, Army North, after he retired from the Army after 41 years of service to the nation.

though you're leaving our ranks today, you've left a legacy of young leaders who understand what right looks like. Your impact will be felt for many years to come," Wiggins said. "Mack will leave with a reputation of being a Soldier's Soldier – somebody who looks out for the welfare of others; somebody who embodies our Army's values – a true leader."

McQueen was the face of Army North both on and off duty. The twostar general was known throughout the community. Though his military career was demanding, he could often be found visiting service members and retirees at the Veterans Affairs hospital, local Veterans of Foreign Wars post and the Warrior and Family Support Center, to name a few.

Those who knew
McQueen said he was
extremely passionate
about service members
and their families.

"Maj. Gen. McQueen's

weekly visits here made a huge difference to the wounded warriors and their families," said WFSC director Judith Markelz. "He'd suddenly appear - here he was with all of his power and with all of his recognition, yet he cared so deeply about our wounded warriors and their families. It showed in everything he did and every conversation he had with them."

Before making his final remarks from the podium and rendering his final salute, McQueen shared one desire with the attendees.

"All of you here have responded in one way or another to the call of the bugle with courage and self dedication to our country. Your contributions are vital," McQueen said. "As my military career draws to a close and I leave the uniformed services, my continued prayer is that we maintain and share the same courage and dedication in protecting the United States of America so that it may ever be the land of the free and the home of the brave."

Army North kicks off annual CFC drive

By Staff Sgt. Corey Baltos Army North Public Affairs

"We have the opportunity to make a change in someone's life every day," said Lt. Col. Zoltan Krompecher, as he helped kick off Army North's 2013 Combined Federal Campaign drive Sept. 12 at the Fort Sam Houston Theater.

CFC is one of the largest annual workplace charity campaigns in the United States and runs throught Dec. 15.

The pledges made

by federal civilian and military employees during the campaign season help support various non-profit organizations that provide health and human service benefits around the world.

The number one goal for Army North is to make sure all members of the organization are informed and provided the opportunity to participate in the CFC campaign, said Krompecher, commander of Headquarters and Headquarters Battalion, U.S. Army

North (Fifth Army).

Army North has appointed representatives from each of the command's sections to talk to the people they work with about donating.

"If you are a (noncommissioned officer) in this organization, you are going to help me make sure that every individual has an opportunity to support CFC," said Command Sgt. Maj. Hu Rhodes, senior enlisted leader for Army North, Fort Sam Houston and Camp Bullis.

"We are an organiza-

tion of service. Contributing to CFC is the right thing to do."

Each section's designated CFC representative will be able to provide potential donors with a CFC booklet that includes a list of eligible charities and a pledge form. Donations can either be a one-time payment or spread out through the year.

They can be made by cash, check or payroll deduction or through the Defense Finance and Accounting Service's MyPay website.



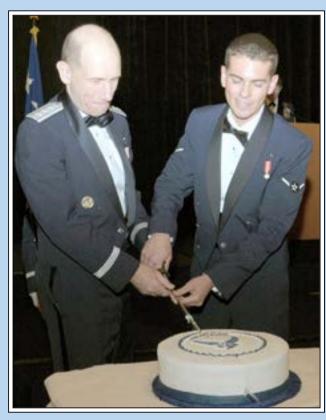
Photo by Staff Sgt. Corey Baltos

Sgt. 1st Class Adam Mayo (left), program manager and equal opportunity advisor for U.S. Army North (Fifth Army), talks to an Army civilian employee Sept. 12 at the Fort Sam Houston Theater about the different charities that federal employees can contribute to via the Combined Federal Campaign.

CELEBRATING AIR FORCE BIRTHDAY

Lt. Gen. James M. Holmes (left), Air Education and Training Command vice commander, and Airman Brandon Marlette, 433rd Aerospace Medicine Squadron health service technician slice the Air Force birthday cake during the Joint Base San Antonio Air Force Ball Sept. 20 at the Grand Hyatt in San Antonio. More than 800 members of the Joint Base San Antonio community attended the event held to celebrate the 66th birthday of the U.S. Air Force. Events included entertainment from the Air Force Band of the West and a fashion show displaying the evolution of Air Force uniforms.

Photo by Staff Sgt. Marissa Tucker



PRESERVATION FORT SAM HOUSTON LUNCHEON HONORS DUSTOFF LEGACY



Photo by Lori Newman

Retired Col. Daniel Gower Jr. (left), a member of the DUSTOFF Association, provided a presentation and film about the Vietnam medical evacuation DUSTOFF legacy Sept. 19 at the Stilwell House. Following the film, Gower introduced Maj. Patrick Zenk (right) who works in the office of the chief of the Medical Service Corps at Joint Base San Antonio-Fort Sam Houston and was featured in the film. The Preservation Fort Sam Houston society meets at 11:30 a.m. the third Thursday of each month for lunch and a presentation at the Stilwell House. Call 224-4030 or email stilwellhouseevents@gmail.com for information about upcoming events.

AMEDDC&S from P1

ping down from an outstanding performance as an interim commander," Rein added.

"Who would have thought when he took command we would have an active shooter incident, civilian furloughs and all of the other challenges that have fallen in his lap."

"The opportunity to command this organization, even for one day, is one of the greatest honors a leader can have," said Anderson, who will now serve as AMEDDC&S chief of staff.

"The great military and civilian employees of the AMEDDC&S have an essential mission, contributing to saving lives on the battlefield and in our treatment facilities. They do this mission expertly each and every day, no matter what challenges we throw at them."

Jones most recently served as commander of the Joint Task Force National Capital Region Medical. Born at Fort McPherson, Ga., he graduated from Vanderbilt University in 1974 and Vanderbilt University School of Medicine in 1978.

Jones completed his training in internal medicine and cardiology at Walter Reed Army Medical Center and is a Fellow of the American College of Cardiology and American College of Physicians.

"It's truly humbling to be a part of an organization that's responsible for saving so many lives on the battlefield," Jones said.

Jones also acknowledged Anderson for his leadership and contributions to Army Medicine.

"You made this a very easy transition for me," he said.



Photo by Esther Garcia

Maj. Gen. Steve Jones (right), incoming commanding general for the Army Medial Department Center and School, smiles as he accepts the colors from Maj. Gen. Brian Lein, Army deputy surgeon general and deputy commanding general for operations, U.S. Army Medical Command, at a change of command ceremony Sept. 19 at the Army Medical Department Museum.

Lein also thanked Walls for stepping up as interim command sergeant major. Walls is the commandant for the Noncommissioned Officers Academy.

"Your reputation precedes you," Lein said of Ecker, formerly from Army Public Health Command. "Your leadership of Soldiers is well known throughout the Army. You bring your right skills, attributes and values to this organization. Mold the Soldiers and leaders to your likeness and we will be much better off as an Army and as an Army Medical Department."

"The AMEDDC&S is a unique and special place," Ecker said upon assuming senior enlisted responsibility for AMEDDC&S.

"This institution is an effective force generator

that produces competent medical operators of various medical arts, develops tactical medical units, sound doctrine and equipment that provides the medical service platforms or people, concepts and things, with the task and purpose of securing the well-being and saving the precious lives of our country's sons and daughters."

"I understand that the effectiveness of this great institution does not happen by accident," Ecker added.

"It happens through a collective stewardship, ownership and by being well led. I understand my role in this equation as your command sergeant major and I will soldier more than my share of the task wherever I may be – 100 percent – and then some."

Career counselor to represent Army Medical Command at competition

By Esther Garcia
AMEDDC&S Public Affairs

A career counselor from Southern Regional Medical Command on Joint Base San Antonio-Fort Sam Houston will represent the U.S. Army Medical Command at the Army-wide competition for Fiscal Year 2013 Career Counselor of the Year.

Sgt. 1st Class Celeste Spencer was one of five Soldiers representing regional medical commands at the MEDCOM career counselor competition on Joint Base San Antonio-Fort Sam Houston Sept. 16.

Spencer also received the Army Meritorious Service Medal and a trophy at an awards ceremony at Woods Auditorium, hosted by Brig. Gen. John Poppe, deputy chief of staff for support, and chief of the U.S. Army Veterinary Corps.

Sgt. 1st Class Richard McFadden, Pacific Regional Medical Command, was named the first runner up. The other candidates included Sgt. 1st Class Kristin Barnes, European Regional Medical Command; Sgt. 1st Class Brandon O'Malley, Western Regional Medical Command; and Staff Sgt. Duane Padilla, U.S. Army Medical Research and Material Command.

"Each and every one of you exceeds the standards for excellence. It was a very tough competition,"



Photo by Esther Garcia

Command Sgt. Maj. Donna Brock (left) presents the 2013 MEDCOM Career Counselor of the Year trophy to Sgt. 1st Class Celeste Spencer. Spencer represented the Southern Regional Medical Command and also received the Army Meritorious Service Medal.

said MEDCOM Command Sgt. Maj. Donna Brock. "This is just a small sampling of the culture of excellence that we have across the Army Medical Department."

The one-day competition began with a physical fitness test at the MacArthur Johnson Track and included sit-ups, push-ups and a two-mile run, followed by a 50-question written exam that covered subjects from Army Regulation 601-280, The Army Retention Program.

The competition ended with an oral board in front of a fivemember panel of senior NCOs from JBSA-Fort Sam Houston. Each board member tested the competitors with questions about current events, retention procedures, retention operations, policy management and the Reserve component.

"It was a really good competition," said Spencer, who has been a career counselor for nine years. "The written exam tested our knowledge of the retention program. I was a little nervous going before the board, but I just went in there and realized that I knew what I knew and was confident in my abilities to the best I could and hoped to represent my command well."

937th Training Group student drill team receives ceremonial rifles



Photo by Master Sgt. Debra L. Massa

Members of the 937th Training Group Top 3, led by Senior Master Sgt. Greg Butcher (left), present new drill rifles to the group's student drill team at final formation Sept. 6 at the Air Force student dormitory.

By Master Sgt. Gregory F. Butcher Jr. 937th Training Group

The 937th Training Group student drill team at Joint Base San Antonio-Fort Sam Houston received 10 drill and ceremony rifles and enough "taps" for the 32 drill team members' shoes Sept. 6, thanks to the 937th Training Group Top 3 Council, Fort Sam Houston Top 3 Council and Air Force Sergeants Association Chapter 1077.

The team received

the donations at the Air Force student dormitory, near the Medical **Education and Training** Campus.

The 937 TRG Top 3 spearheaded the effort, which also included the Medical Education and Training Campus Rising 6 council to purchase the rifles and taps.

The 937th TRG Top 3 also recognized the 32 members of the student drill team with their quarterly "Unsung Hero Award" for outstanding support to the group's

mission at Joint Base San Antonio-Fort Sam Houston and hosted an ice cream social for the team.

The 937 TRG Top 3 is a private organization made up of Air Force senior noncommissioned officers in the grades of E-7 through E-9 assigned to the 937th TRG.

The organization looks to develop the Air Force enlisted corps into better followers, leaders and supervisors as well as supporting the local community.

(Editor's note: Kim-Rhonald "Dain" Rairdan, **ENERGY** from P2

Outdoor conservation: and No waste.

These are steps that can vield positive results for the community and the Air Force.

• Appliance reduction - Look around the workspace. Is there a refrigerator or coffee maker in the work area? How many personal appliances can be removed or consolidated in common areas like the break room? Reducing energy usage by reducing the number of appliances and machines used can vield significant energy

 Computer log off - Even though people are prohibited from turning off computers, computer users should log off at the end of the day. This ensures that computers will enter the energy-saving sleep mode. Before pulling out the Common Access Card and going home for the day, remember to log off. The Air Force information technology power management team estimates this action alone can save more than \$10 million a vear.

• Temperature Control - Climate control set points can have a major impact on energy use. Be familiar with your base's temperature set point policy. **Throughout Joint Base** Santonio, the set point

Power the Force, Fuel the Fight,



for winter is between 68 and 70 degrees Fahrenheit and between 76 and 78 degrees Fahrenheit in the summer. Heating and cooling systems are not perfect, so workspaces may not be at optimum comfort temperatures. Instead of increasing energy demand with space heaters or fans, dress appropriately for the temperature in your facility. If your building is too cool in the summer or too hot in the winter, the thermostat could be set incorrectly, which means the Air Force is wasting energy.

- Inform your facility manager - Report incorrect temperature set points, leaky faucets, blocked air vents, cracked windows and other problems to your facility manager or to civil engineering customer service.
- Outdoor conservation - If you notice a broken sprinkler head wasting water or area

lights left on in a parking lot during the day, report it to your local Civil Engineer Customer Service.

• No waste - Don't turn a blind eve to problems. If you see something that doesn't need to be on, turn it off. If you see a problem, report it.

Take time to review daily routines to conserve energy and water. Empower others to take action. Every dollar saved on energy is a dollar that can be spent on Airmen, their readiness and the mission to "Fly, Fight, Win."

For more information, visit http://www. afcec.af.mil/news/energyactionmonth2013/ index.asp and https:// www.facebook.com/Air-ForceEnergy.

(Editor's note: Adapted from an article by Jennifer Elmore, Air Force Civil Engineer Support Agency, Tyndall Air Force Base, Fla.)

GOLD STAR from P6

Mother is born.

The last Sunday in September is recognized nationally as Gold Star Mother's Day.

As the nation pauses to pay tribute Sunday to these women who have given much, I hope you pause a moment in your busy life to say a prayer of thanks.

In San Antonio, a small group of people will gather at Fort Sam National Cemetery to honor and remember, shed a few tears, and

support each other as the nation pays tribute to our Gold Star Mothers.

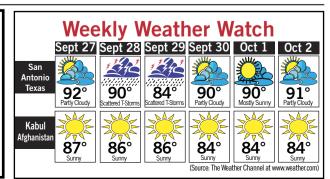
berly A. Rairdan is the mother of Lance Cpl. who was killed in Iraq on Jan. 26, 2005.)

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at http://ice.

disa.mil.





Women Encouraging Women

Monday, 11 a.m.-1 p.m., Military and Family Readiness, building 2797. Call 221-0349.

Employment Assistance Program Job Fair

Thursday, 2-6 p.m., Military and Family Readiness, building 2797. Call 221-0516/0427/9216.

Doggie Dip

Oct. 5, 10 a.m.-noon, Aquatic Center, building 3300, Williams Road. Call 221-1718.

JBSA Walkers 12-Week Challenge

The walking challenge is Oct. 6 through Dec. 28. The morning group meets 5:30-8 a.m. at Freedom Park behind the Warrior and Family Support Center and the afternoon group meets 4-5:30 p.m. at the fitness center on the Medical Education and Training Campus. To sign up for the morning group call 221-1131. To sign up for the afternoon group call 295-2399.

Preservation Fort Sam Houston Society

The Preservation Fort Sam Houston Society will meet at 11:30 a.m. Oct. 17 for lunch and a guest speaker, the great-great-great grandson of Gen. Sam Houston. Call 224-4030 or email stilwellhouseevents@gmail.com.

Oktoberfest

Oct. 18, 5-11 p.m. with live entertainment, festive foods and an authentic Biergarten with the tapping of the keg, German beers on tap and fun for the whole family. Call 221-1718.

Fall Fest

Oct. 19, 3-9 p.m. with live entertainment, foods, games and a special appearance by the San Antonio Spurs Coyote and Silver Dancers. Call 221-1718.

Military Retiree Appreciation Day

Oct. 19, 8 a.m.-noon, Blesse Auditorium, building 2841. Call 221-9004.

METC Volleyball Tournament

Gather your friends and form a six-person team. Doors open at 7:30 a.m. for warm up, tournament begin at 8 a.m. Oct. 19 at the Fitness Center on the METC. Prizes will be awarded to the top three teams.

Register no later than Oct. 13. Call 808-5709.

Fort Sam Houston Spouses' Conference

Oct. 24 and 25, 8:30 a.m. to 2:15 p.m., Dodd Field Chapel.
Keynote speakers are Sheriff Susan Pamerleau Oct. 24 and Maj. Gen.
Jimmie Keenan Oct. 25. Lunch will be provided with a \$5 registration fee.
Call 241-0811 for more information.

Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents "Bad Seed" through Nov. 2. This is the story of a mother's realization that her young daughter has committed a murder. Shows are Thursday, Friday and Saturday, dinner is served at 6:15 p.m. the show starts at 8 p.m. For more information, call 222-9694.

Racquetball Court Resurfacing

The Jimmy Brought Fitness Center racquetball court resurfacing has begun for both courts No. 1 and 2. Both courts are scheduled to reopen Oct. 7. Call 221-1234.

JBSA Force Support/MWR Survey

As part of Joint Base San Antonio, Fort Sam Houston wants your feedback on the best way to get information out about JBSA Force Support/MWR programs and events. Your feedback is important. To complete the survey, visit http://jbsamediasurvey.questionpro.com.

Computer Lab

The computer lab is available 8 a.m. to 4 p.m. Monday-Friday at Military and Family Readiness, building 2797. Call 221-2705 or 221-2418.

How We Roll

Monday through Friday, 9-11 a.m., Fitness Center on the Medical Education and Training Campus, the "How We Roll" program provides parents and strollers use of the indoor track. Mondays from 9-10 a.m., a fitness trainer is available for assistance and instruction. Call 808-5709.

Fitness on Request Kiosk

The Fitness Center on the METC hosts an innovative group fitness system including free virtual classes ranging from 20-60 minutes. Call 808-5709.

SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

Equipment Rentals

The Outdoor Equipment Center has all the items needed for a

backyard party, unit organizational day, or weekend getaway. Rental items include canoes, boats, campers, camping equipment, outdoor games, barbecue pits and more. Call 221-5225.

Sweetheart Deals at the Bowling Center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games per person and \$1 shoe rentals every Sunday, Tuesday, Wednesday and Thursday. Knock down a red pin on a Wednesday or Friday between 11 a.m. and 1 p.m. and win a free game. Call 221-4740.

JBSA-Fort Sam Houston Ticket Office

The ticket office located in the Sam Houston Community Center, building 1395, Chaffee Road, is open 10 a.m.-5 p.m. Tuesday through Friday. Call 808-1378.

Sportsman Range

The JBSA-Camp Bullis range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.



FOR SALE: Six leather chairs with casters, one has cigarette burn, \$70 each or \$375 for all; new oak rocking chair, \$99; solid 40-inch round table with 17-inch leaf and four chairs, \$185; maple magazine rack with carrier, \$14; 1967 Grundig radio/record player, works, \$125; MacGregor golf set includes bag, clubs, carrier, covers and more, \$245; oak antique child's rocker, excellent condition, \$65; Proform Rebel recumbent bike and elliptical cross trainer, rarely used, \$125. Call 655-7417. FOR SALE: Custom made

kitchen or workshop cabinet, can be stained or painted, \$125; queen-size Aero bed, originally cost \$250, in great shape, \$100; Noritake china, Oriental design, 12-place setting, \$300. Call 653-0272.

FREE: Wooden frame double bunk bed, single bed on top, double bed on the bottom, like new. Call 233-1551 for pick up.

NHL players visit Center for the Intrepid, Warrior and Family Support Center

Four members of the National Hockey League's Florida Panthers visited with wounded warriors at the Center for the Intrepid and the Warrior and Family Support Center on Joint Base San Antonio-Fort Sam Houston Sept. 19.

The tour was guided by members of the San Antonio Rampage sled hockey team, the first sled hockey team consisting entirely of wounded military service members.

The four Panthers players – defensemen Erik Gudbranson and Mike Weaver, along with forwards Shawn Matthias and Joey Crabb – were in town with their team to play the Dallas Stars in the first NHL game to be played at the AT&T Center today.

The players chatted with the wounded warriors and also presented the CFI with one of their own hockey sticks. The Florida Panthers also spent time at the Warrior and Family Support Center.

Friday's game was the third NHL preseason contest held in San Antonio. The Dallas Stars faced off against the Los Angeles Kings in back-to-back seasons (1994-95) at the Alamodome.

(Source: Brooke Army Medical Center Public Affairs)



Photo by Robert Shield

Members of the National Hockey League's Florida Panthers visited wounded warriors Sept. 19 at the Center for the Intrepid. The Panthers were in town to play the Dallas Stars at the AT&T Center's first NHL game Friday. The players also visited the Warrior and Family Support Center.